

# RESILIENCE

*Ottawa November 12 2017*

I remember



**ECM**

ÉGLISE DU CHRIST DE MONTRÉAL

**25 years!**

## Gen 1:1-5

In the beginning God created the heavens and the earth. Now the earth was formless and empty, **DARKNESS** was over the surface of the deep, and the Spirit of God was hovering over the waters. And God said, "Let there be **LIGHT**," and there was **LIGHT**. God saw that the **LIGHT** was good, and he separated the **LIGHT** from the **DARKNESS**. God called the **LIGHT** "**day**," and the **DARKNESS** he called "**night**."



Let there be **LIGHT!**

**YOU** Be the **LIGHT!**

Christianity is not about what we do.

Christianity is about **WHO WE ARE !!**

When we get the **WHO** right

We will get the **DO** right



**Equipment**



**Training**



**Experience**



# Emotional resilience



**Matt 5:15-16**

**"You are the light of the world. A city on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven.**



## Matthew 12:30-31

**Love** the Lord your **God** with all your **heart** and with all your **soul** and with all your **mind** and with all your **strength**.' The second is this: '**Love your neighbor as yourself**.' There is no commandment greater than these.











Luke 19:1-48      Story of **Zacchaeus**

**Hospitality** breaks down  
the wall of **hostility**



## John 17:20-23

I pray also for those who will believe in me through their message, that **all of them may be one**, Father, just as you are in me and I am in you. May they also be in us **so that the world may believe** that you have sent me. I have given them the glory that you gave me, that **they may be one as we are one**— I in them and you in me—so that they may be **brought to complete unity**. Then the world will know that you sent me and have loved them even as you have loved me.

Remember that you are the **LIGHT** !!.

Phil **2:16**

Do everything without complaining or arguing, so that you may become blameless and pure, children of God without fault in a crooked and depraved generation, in which **you shine like stars in the universe** as you hold out the word of life

Remember that you are the **LIGHT** !!.

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**Challenge**



**Shine like a STAR**



**Invite someone to your home**



**Start by reading a scripture on Unity**



**Share how God is working in your life**



**Challenge them to do the same**